**Marriage Course**  

**January - February 2023**

**Amsterdam is quite an international city and it is important to think of those who come from other a when it comes to prepare marriage in the Catholic Church. This course brings the participants in touch with other couples in their same situation and others who will help them to think about their future married life. You are welcome to apply for this course:**

**DAY AND TIME: Saturday Afternoons and 1 Wednesday evening**

**PLACE: Keizersgracht 218 B – 1016 DZ Amsterdam**

**COSTS: € 150 the couple.**

Saturday, January 21st, from 15.00 to 17.00 h:

Seven habits of highly effective families

By Jan and Ursula de Jong

Saturday, January 28th, from 15.00 to 17.00 h:

Christian anthropology of Marriage.

By Lisette van Aken

Wednesday, February 1st , Potluck dinner at 18.30 h

And from 20.00 to 22.00 h:

Marriage as a sacrament. The meaning of marrying in the Church.

By Father Rafael Ojeda

*Followed by the ceremony for the blessing of engaged couples*

Saturday, February 4th, from 15.00 to 17.00 h:

How can you keep and increase married love during the years?

Mapy and Federico Castillo - Rodríguez

Saturday, February 11th, start with session at 12.00 h

From a couple to children. Joys and challenges in raising them well.

By Quentin and Anna Sophie Le Noach - Break for Lunch at 13.30 h

And at 14.30 till 16.00 h.

The art of communication in married life.

Dorottya and Jag Gill

Saturday, February 18th,  from 15.00 to 17.00 h.

Sexual intimacy and fertility

By Monica and Sander Reintjens

**To apply and for more information:** [**www.olvkerk.nl**](http://www.olvkerk.nl)

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